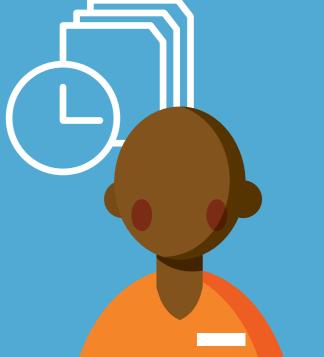
# COVID-19 PREPAREDNESS<br/>AND RESPONSE<br/>IN PLACES OF DETENTIONPRISONER<br/>BRIEF 1



CALM • Your health and safety is important





Any restrictions, limitations, or cancellations of regular programmes and activities are **temporary** and for the health and safety of everyone, including your family and community



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# COMPLY

Follow the precautionary measures posted on the walls





If your visitors bring food, clothing and medication, ask prison staff to clarify the process for visitors to drop off such items

ASK

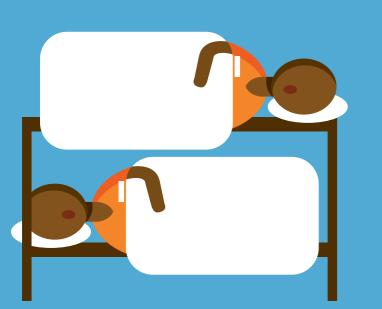
ASK Ask if there is any way to communicate with your family



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# **COVID-19** PREPAREDNESS PRISONER AND RESPONSE IN PLACES OF DETENTION BRIEF 2





# **MAKE SPACE**

If there are several prisoners in your cell/dormitory, create distance as much as possible and sleep by alternating your sleep position



Wash your hands, body, cloths, and bedding regularly with soap and water.





# WATCH OUT

Don't cover your windows and cell door. Encourage airflow to ventilate





C°/F°

# **DO NOT**

Avoid sharing water bottles, eating utensils, dishes, and cups











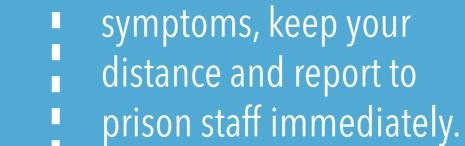












If you feel ill or see

another prisoner with

**HELP** 

If you have any questions, ask prison staff!

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