**COVID-19 PREPAREDNESS AND RESPONSE IN PLACES OF DETENTION**

**PRISONER BRIEF 1**

**CALM**
Your health and safety is important

**BE PATIENT**
Any restrictions, limitations, or cancellations of regular programmes and activities are temporary and for the health and safety of everyone, including your family and community

**COMPLY**
- Follow the precautionary measures posted on the walls

**CLEAN**
If you or your dormitory/cell run out of cleaning supplies, ask prison staff for more

**ASK**
If your visitors bring food, clothing and medication, ask prison staff to clarify the process for visitors to drop off such items

**ASK**
Ask if there is any way to communicate with your family
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PRISONER BRIEF 2

MAKE SPACE
If there are several prisoners in your cell/dormitory, create distance as much as possible and sleep by alternating your sleep position.

PREVENT
Wash your hands, body, clothes, and bedding regularly with soap and water.

WATCH OUT
Don’t cover your windows and cell door. Encourage airflow to ventilate.

CLEAN
If you or your dormitory/cell run out of cleaning supplies, ask prison staff for more.

DO NOT
Avoid sharing water bottles, eating utensils, dishes, and cups.

TAKE CARE
Clean your dormitory/cell more frequently with soap and water.

HELP
If you feel ill or see another prisoner with symptoms, keep your distance and report to prison staff immediately. If you have any questions, ask prison staff!