## COVID-19 Basic PREPAREDNESS AND RESPONSE IN PLACES OF DETENTION <br> precautionary measures



## WASH

Wash hands with soap and water often and particularly before eating and before and after visiting the bathroom

## ATTENTION

Keep physical distance of at least
2 meters from other people
(if possible) and avoid non-essential physical contact, particularly if the person is coughing, sneezing or has fever

## CAUTION

If you cough or sneeze, do so into the bend of your elbow, not your hand. Another way is to cover your cough or sneeze with a tissue, then throw the tissue in the trash. In both
 Hands touch many surfaces which can be contaminated with the virus. If you touch your face with unclean hands, you can transferthe virus from the surface to yourself
©

