

Fatin diak ba susuk dengue atu moris mak iha be nalihun



- Iha tanki be hariis fatin no iha uma-kakuluk
- Be iha balde laran
- Be iha vazú aifunan nia laran



- Be iha bidon laran
- Be iha pneu, kale'en, nu kakun no foer nebe halibur be



Foer nebe iha tamba destruisaun tinan kotuk fo fatin diak tebes ba susuk dengue atu moris buras

Oinsa atu prevene susuk dengue labele moris buras



- Fakar tiha be hosi bidon, balde, vazú no hosi janela ar-kondisional pelo menos dala ida semana ida
- Foti sai sasan nebe be iha laran hanesa vazú hosi uma laran

• Taka metin be fatin iha uma laran ka liur

• Hakoi tiha plastiko at, pneu no botir nebe halibur be

• Sunu ka hakoi tiha foer nebe bele halibur be

Oinsa mak susuk labele tata ita

• Hamoos fatin sira nebe susuk bele moris buras

• Iha tempu loron uza aimorok duni susuk nian

• Taka netik ema nebe toba ho moskiteiro, liuliu labarik sira

• Hatais kamiza liman naruk



Ema nebe hetan isin manas dengue tenke ba doutor lalais

Saida maka isin manas dengue?

**Isin manas
dengue ne'e
moras aat ida,
hanesan moras
flu, nebe bele
hetan hosi
susuk nebe lori
virus dengue**

Sintomas isin manas dengue :

- **Temperatura sae makas derepente**
- **Ulun moras makas**
- **Sente moras iha matan fukun**
- **Sente moras iha musculus no artikulasoes**

Sintomas isin manas dengue hemoragika:

- **Ran sai hosi inus, ibun no jenziva**
- **Moras makas bebeik iha kabun**
- **Muta bebeik**
- **Fezes metan**
- **Hamrook bebeik**
- **Oin kamutis, isin malirin**

Se imi hetan isin manas dengue imi tenke buka doutor nia tulun lalais, hemu bee barak no deskansa barak

SAIDA MAKA IMI HAKARAK HATENE KONA BA ISIN MANAS DENGUE



Nasoes Unidas Nia
Administrasaun Tranzisional
iha Timor Lorosa'e

UNTAET/OCPI
IC/04T 45,000
Abril 2000

Produs hamutuk ho
Autoridade Saude Interina
Timor Lorosa'e